

Adult Clinics:

Sign up in advance week to week

Starting September 11th

**Cost: \$30/nonmember, \$25/member
(except where noted)**

Beginners/Adv Beginners

Saturdays 9-10:30 am

Cost: \$150/6 weeks

Sign up in advance for session

Dates: Saturdays 9/11-10/16

Intermediate Drills & Skills

Saturdays 9-10:30 am

Intermediate

Sundays 6-7:30 pm

Intermediate

Tuesdays 12:30-2 pm

Intermediate– Advanced

Tuesdays 6:30-8 pm

Intermediate

Wednesdays 1-2:30 pm

Intermediate

Wednesdays 7:30-9 pm

Beginners/Adv Beginners

Sundays 10-11:30 am

Cost: \$125/5 weeks

Sign up in advance for session

Dates: Sundays 9/19-10/17

Round Robin Doubles in Afternoon

Mondays 12:30-2:30 pm

Tuesday 2:00-3:30 pm

Thursdays 1:30-3:30 pm

Cost: \$12/member, \$15/nonmember

Mission Statement

Our pros are dedicated to building a strong foundation biomechanically, strategically and mentally for future on-court success!

MAKEUP POLICY

No makeups for any missed clinics.

MEMBERSHIPS

Junior Membership: \$50

Players 8 years or older must have a junior club membership to participate in clinics.

Adult Single Membership: \$180

Family Membership: \$280

PRIVATE LESSONS

Private lessons available with Gary Gouse

Cost: \$80/hr. 1 person, \$90/hr.
2 person

Assumption of Risk

West Shore Tennis Club and all WSTC staff are not responsible for any injuries players may suffer while engaged in tennis activities. Players voluntarily assume the risk that they may be exposed to or infected by COVID-19 while engaged in said tennis activities.

2021 FALL Tennis Training Series



West Shore Tennis Club

Program Schedule



150 Silver Spring Road, Mechanicsburg, PA 17050
717-796-1770
wstctennis@comcast.net



www.wstctennis.com

Level I/II (Ages 5-7)

Tuesday 5:30-6:30 pm

Thursday 5:30-6:30 pm

Saturday 10:30-11:30 am

Cost: \$120/6 weeks

Dates: Tuesdays 9/7-10/12

Thursdays 9/9-10/14

Saturdays 9/11-10/16

This clinic will help develop the young player's general motor and athletic skills. The main focus is on coordination, training, movement skills, and having fun!!

Level II/III (Ages 8-10) *

Tuesday 4:30-5:30 pm

Thursday 4:30-5:30 pm

Saturday 11:30 a.m.-12:30 pm

Cost: \$120/6 weeks

Dates: Tuesdays 9/7-10/12

Thursdays 9/9-10/14

Saturdays 9/11-10/16

This clinic will focus on coordination, balance and motor skill development. Players will learn how to initiate a rally, how to move and judge the ball as well as improve racquet control skills, all while having fun!!

- **Junior Membership Required**



Level III/IV (Ages 8-12)

Wednesday 5:30-7 pm

Cost \$150/6 weeks

Dates: Wednesdays 9/8-10/13

This clinic is for players who are ready to move up from Level II/III. They will start to focus on playing points by playing drill games and point play simulation feeds. More focus on serve, all while having fun. Must have basic strokes. Will teach and work on topspin, slice, serve, court movement and point play strategies

Level V/VI (Elementary & Middle School)*

Monday 5:30-7:00 pm

Friday 4:30-6:00 pm

**Cost: \$125/Monday,
\$150/Friday**

Dates: Mondays 9/13-10/11

Fridays 9/10-10/15

This clinic will emphasize the importance of developing tennis skills, movement and strategies needed to play the game, as well as the serve. Drill games are used to simulate game situations.

- **Junior Membership Required**



Teen Beginner Adv Beginner (Middle/High School)*

Saturday 1:00-2:30 pm

Cost: \$150/6 weeks

Dates: Saturdays 9/11-10/16

This clinic is for teens to learn technique and build confidence, hitting and playing tennis all in a comfortable and fun setting!!

Teen Intermediate (Middle/High School)*

Sunday 1:00-2:30 pm

Wednesday 4:00-5:30 pm

Saturday 11:30am-1:00 pm

Cost: \$150/6 weeks

Dates: Sundays 9/12-10/17

Wednesdays 9/8-10/13

Saturdays 9/11-10/16

This clinic will focus on fundamentals of strokes mechanics and court movements, play drill games and play situations. Instruction will focus on movement training, using the ball machine, live hitting and play.

Teen Advanced/Adv. Interm. *

Sunday 11:30 am-1 pm

Cost: \$150/6 weeks

Dates: Sundays 9/12-10/17

This clinic is for the teen advanced and advanced intermediate player motivated to hustle while hitting and working on improving tennis skills, shot selection, court movement and point play strategies.

WSTC 2021 Fall Training Clinic Registration

Email: _____

Name: _____ Age: _____

Address: _____

Phone: _____ Cell: _____ Amount Due: _____ (Checks payable to WSTC)

CLINIC: (Please check all that apply) Jr. Membership _____

Level I/II: _____ Tues530 _____ Thurs530 _____ Sat1030 **Level II/III:** _____ Tues430 _____ Th430 _____ Sat1130 **Level III/IV** _____ Weds530 **Level V/VI/(EL/MS)** _____ Mon530 _____ Fri 430

Teen Beg/Adv Beg _____ Sat1pm **Teen Inform :** _____ Sun1pm _____ Weds4pm _____ Sat1130 **Teen Adv** _____ Sun1130 **Adult Beg/Adv Beg** _____ Sat9am _____ Sun10am

***MEMBERSHIPS:** Players 8 yrs + must have a junior club membership to participate in clinics. Please Note: No refunds given after the first week or for missed clinics.

I give consent for my child, _____, to participate in all clinic activities at the West Shore Tennis Club. I will inform WSTC of any pertinent medical conditions _____. I agree that the West Shore Tennis Club and all WSTC staff are not responsible for any injuries suffered by my child while engaged in clinic/camp activities and voluntarily assume the risk that we may be exposed to or infected by COVID-19 while engaged in said tennis activities. Furthermore, I hereby release the aforesaid from any and all liability for such injuries or sickness.

Adult/Parent Signature: _____ **Date:** _____

WSTC 2021 Fall Training Clinic Registration

Email: _____

Name: _____ Age: _____

Address: _____

Phone: _____ Cell: _____ Amount Due: _____ (Checks payable to WSTC)

CLINIC: (Please check all that apply) Jr. Membership _____

Level I/II: _____ Tues530 _____ Thurs530 _____ Sat1030 **Level II/III:** _____ Tues430 _____ Th430 _____ Sat1130 **Level III/IV** _____ Weds530 **Level V/VI/(EL/MS)** _____ Mon530 _____ Fri 430

Teen Beg/Adv Beg _____ Sat1pm **Teen Inform :** _____ Sun1pm _____ Weds4pm _____ Sat1130 **Teen Adv** _____ Sun1130 **Adult Beg/Adv Beg** _____ Sat9am _____ Sun10am

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Teen Beg/Adv Beg _____ Sat1pm **Teen Inform :** _____ Sun1pm _____ Weds4pm _____ Sat1130 **Teen Adv** _____ Sun1130 **Adult Beg/Adv Beg** _____ Sat9am _____ Sun10am

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Adult/Parent Signature: _____ **Date:** _____