

## Adult Clinics

### Adult Beginner/Adv Beginner

Sunday 10:00—11:30am **NEW DAY & TIME**

Cost: \$100/4 weeks

Dates: Sundays 5/12-6/9,  
(no clinic 5/26)

### Adult Adv Beginner/Low Intermediate

Sunday 10:00-11:30am

Dates: Sundays 5/12-6/9  
(no clinic 5/26)

### Adult Low Intermediate

Saturday 9:00-10:30am

Cost: \$100/4 weeks

Dates: Saturdays 5/11-6/8  
(no clinic 5/25)

### Adult Intermediate

Sunday 6:00—7:30pm

Tuesday 12:30-2:00 pm

Saturday 9:00-10:30am

Sign up in advance week to week



## Misslon Statement

Our pros are dedicated to building a strong foundation biomechanically, strategically and mentally for future on-court success!

### PLEASE NOTE:

- No refunds given after the first week or for missed clinics.

### NO MAKEUPS

## MEMBERSHIPS

**Junior (8-18 yrs old) Membership: \$50**

Players 8 years or older must have a junior club membership to participate in clinics.

**College membership: \$85**

**Adult Membership; \$195**

**Family Membership: \$295**

## PRIVATE LESSONS

Private lessons available with Gary Gouse

Cost: \$80/hr, 1 person

\$90/hr 2 persons

## Assumption of Risk

West Shore Tennis Club and all WSTC staff are not responsible for any injuries players may suffer while engaged in tennis activities. Players voluntarily assume the risk that they may be exposed to or infected by COVID-19 while engaged in said tennis Activities.

150 Silver Spring Road, Mechanicsburg, PA 17050  
717-796-1770 wstctennis@comcast.net  
www.wstctennis.com

# 2024 Late Spring Tennis Training Series



# West Shore Tennis Club

# Program Schedule



[www.wstctennis.com](http://www.wstctennis.com)

## Junior Clinics

### Level I/II (Ages 5-7)

**Monday 5:00-6:00pm (NEW DAY & TIME)**

**Saturday 1030-1130am**

**Cost: \$80/4 weeks**

**Dates: Mondays 5/6-6/3 (no clinic 5/27)**

**Saturdays 5/11-6/8 (no clinic 5/25)**

This clinic will develop the young player's general motor and athletic skills, with a focus on coordination and movement

### Level II/III (Ages 8-10) \*

**Sunday 9:00-10:00am**

**Tuesday 4:30-5:30pm**

**Thursday 4:30-5:30pm**

**Saturday 11:30am-12:30pm**

**Cost: \$80/Su or Sa, \$100/Tu or Th**

**Dates: Sundays 5/12-6/9 (no clinic 5/26)**

**Tuesdays 5/7-6/4**

**Thursdays 5/9-6/6**

**Saturdays 5/11-6/8 (no clinic 5/25)**

This clinic will focus on coordination, balance and motor skill development. Players will learn how to initiate a rally, as well as racquet control skills that will be the foundation of their tennis development.

### Level III/IV (Ages 8-12)\*

**Friday 5:00-6:30 pm (NEW DAY & TIME)**

**Saturday 11:30-1pm**

**Cost: \$100/4 weeks**

**Dates: Fridays 5/10-6/7 (no clinic 5/24)**

**Saturdays 5/11-6/8 (no clinic 5/25)**

This clinic is for players who are ready to move up from Level II/III. They will start to focus on playing points by playing drill games and point play simulation feeds. Must have basic strokes.

## Junior Clinics

### Level IV/V (Ages 8-12)\*

**Friday 5:00-6:30pm NEW TIME**

**Cost: \$100/Fri**

**Dates: Fridays 5/10-6/7 (no clinic 5/24)**

This clinic is for players ready to move up from Level III/IV, will emphasize the importance of developing tennis skills, movement and strategies. Drill games are used to simulate game situations.

### Level V/VI (Ages 8-12)\*

**Sunday 10:00am-11:30pm (NEW DAY & TIME)**

**Cost: \$100/4 weeks**

**Dates: Sundays 5/12-6/9 (no clinic 5/26)**

This clinic is for players who are ready to move up from Level IV/V, will emphasize the importance of developing tennis skills and strategy needed to play the game, as well as learning to serve and return serve consistently. Drill games are used to simulate game situations.

### Teen Beginner/Adv Beginner (MS/HS) \*

**Sunday 11:30am-1:00pm**

**Saturday 1:00-2:30pm**

**Cost: \$100/4 weeks**

**Dates: Sundays 5/12-6/9 (no clinic 5/26)**

**Saturdays 5/11-6/8 (no clinic 5/25)**

This is the perfect opportunity to get junior players up to speed on the fundamentals of tennis strokes and court movements, starting to play drill games and match situations...all in a comfortable environment.



## Junior Clinics

### Teen Intermediate (MS/HS)\*

**Sunday 11:30am-1:00pm**

**Monday 4:30pm-6:00pm NEW DAY & TIME**

**Wednesday 4:30-6:00pm NEW TIME**

**Cost: \$100/Su, or Mo, \$125/We**

**Dates: Sundays 5/12-6/9 (no clinic 5/26)**

**Mondays 5/6-6/3 (no clinic 5/27)**

**Wednesdays 5/8-6/5**

This clinic will focus on hitting massive amount of balls ( feeds + ball machine ) , playing drill games and actual games to simulate match play conditions.

### Teen Advanced/Advanced Intermediate (MS/HS) \*

**Sunday 1:00—2:30 pm**

**Wednesday 4:30-6:00pm NEW TIME**

**Cost: \$100/Su, \$125/We**

**Dates: Sundays 5/12-6/9 (no clinic 5/26)**

**Wednesdays 5/8-6/5**

This clinic is for the young teen advanced/ advanced intermediate player motivated to Hustle Hit while working on his/her tennis skills.

## Junior Summer Camps

**All Ages—All Abilities**

**Dates:**

**June 10-14 9:30-11:30am**

**June 17-21 9:30-11:30am**

**June 24-28 9:30-11:30am**

**July 8-12 9:30-11:30am**

**July 15-19 9:30-11:30am**

**July 22-26 9:30-11:30am**

**July 29-Aug 2 9:30-11:30am**

**August 5-9 9:30-11:30am**

**Cost:**

**1 week \$200, 2 weeks: \$375,**

**3 weeks: \$550, 4 weeks \$725**

**5 weeks \$900, 6 weeks \$1075,**

**7 weeks \$1250, 8 weeks \$1425**

**\$100 Deposit due at Registration**

**Register by May 1st—Save \$25**



# WSTC 2024 Late Spring Training Registration

Age: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Amount Due: \_\_\_\_\_ (Checks payable to WSTC)

**CLINIC/CAMP: (Please check all that apply)**

Level I/II \_\_ Mo5pm \_\_ Sa1030am **Level II/III** \_\_ Su9am \_\_ Tu430pm \_\_ Th430pm \_\_ Sa1130am **Level III/IV** \_\_ Fr5pm \_\_ Sa1130am **Level IV/V** \_\_ Fr5pm

**Level V/VI** \_\_ Su10am **Teen Beg** \_\_ Su1130am \_\_ Sa1pm **Teen Int** \_\_ Su1130am \_\_ Mo430pm **Teen Adv** \_\_ Su1pm \_\_ We430pm **Jr Membership** \_\_

**\*JUNIOR MEMBERSHIPS: Players 8 years or older must have a junior club membership to participate in clinics. Junior Membership: \$50**

**AdultBeg/Adv Beg** \_\_ Su10pm **AdultAdvBeg/LowInt** \_\_ Su10am **Adult LowInt** \_\_ Sa 9am

**CAMPS:** \_\_ June10-14 \_\_ June17-21 \_\_ June24-28 \_\_ July8-12 \_\_ July15-19 \_\_ July22-26 \_\_ July29-Aug2 \_\_ Aug5-9 T-Shirt Size Y XS S M L XL ; A: XS S M L XL; W: XS S M L XL

*I give consent for my child, \_\_\_\_\_, to participate in all clinic activities at the West Shore Tennis Club. I will inform WSTC of any pertinent medical conditions \_\_\_\_\_. I agree that the West Shore Tennis Club and all WSTC staff are not responsible for any injuries suffered by my child while engaged in clinic/camp activities and voluntarily assume the risk that we may be exposed to or infected by COVID-19 while engaged in said tennis activities. Furthermore, I hereby release the aforesaid from any and all liability for such injuries or sickness.*

*Adult/Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_*

## WSTC 2024 Late Spring Training Registration

Age: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Amount Due: \_\_\_\_\_ (Checks payable to WSTC)

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## WSTC 2024 Late Spring Training Registration

Age: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Amount Due: \_\_\_\_\_ (Checks payable to WSTC)

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