Adult Clinics

Adult Beginner/Adv Beginner

Sunday 10:00—11:30pm NEW DAY & TIME

Cost: \$100/4 weeks

Dates: Sundays 5/12-6/9,

(no clinic 5/26)

Adult Adv Beginner/Low Intermediate

Sunday 10:00-11:30am Dates: Sundays 5/12-6/9 (no clinic 5/26)

Adult Low Intermediate

Saturday 9:00-10:30am Cost: \$100/4 weeks

Dates: Saturdays 5/11-6/8

(no clinic 5/25)

Adult Intermediate

Sunday 6:00—7:30pm Tuesday 12:30-2:00 pm Saturday 9:00-10:30am

Sign up in advance week to week



Mission Statement

Our pros are dedicated to building a strong foundation biomechanically, strategically and mentally for future on-court success!

PLEASE NOTE:

 No refunds given after the first week or for missed clinics.

NO MAKEUPS

MEMBERSHIPS

Junior (8-18 yrs old) Membership: \$50

Players 8 years or older must have a junior club membership to participate in clinics.

College membership: \$85 Adult Membership; \$195 Family Membership: \$295

PRIVATE LESSONS

Private lessons available with Gary Gouse Cost: \$80/hr, 1 person \$90/hr 2 persons

Assumption of Risk

West Shore Tennis Club and all WSTC staff are not responsible for any injuries players may suffer while engaged in tennis activities. Players voluntarily assume the risk that they may be exposed to or infected by COVID-19 while engaged in said tennis Activities.

150 Silver Spring Road, Mechanicsburg, PA 17050 717-796-1770 wstctennis@comcast.net www.wstctennis.com

2024 Late Spring Tennis Training Series



West Shore Tennis Club

Program Schedule



www.wstctennis.com

Junior Clinics

Level I/II (Ages 5-7)

Sunday 9:00-10:00am (NEW DAY & TIME) Monday 5:00-6:00pm (NEW DAY & TIME) Saturday 1030-1130am Cost: \$80/4 weeks

Dates: Sundays 5/12-6/9 (no clinic 5/26) Mondays 5/6-6/3 (no clinic 5/27) Saturdays 5/11-6/8 (no clinic 5/25)

This clinic will develop the young player's general motor and athletic skills, with a focus on coordination and movement

Level II/III (Ages 8-10) *

Sunday 9:00-10:00am Tuesday 4:30-5:30pm Thursday 4:30-5:30pm Saturday 11:30am-12:30pm Cost: \$80/Su or Sa, \$100/Tu or Th

Dates: Sundays 5/12-6/9 (no clinic 5/26)

Tuesdays 5/7-6/4
Thursdays 5/9-6/6
Saturdays 5/11-6/8 (no clinic 5/25)

This clinic will focus on coordination, balance and motor skill development. Players will learn how to initiate a rally, as well as racquet control skills that will be the foundation of their tennis development.

Level III/IV (Ages 8-12)*

Friday 5:00-6:30 pm (**NEW DAY & TIME**)

Saturday 11:30-1pm Saturday 1pm-2:30pm Cost: \$100/4 weeks

Dates: Fridays 5/10-6/7 (no clinic 5/24)
Saturdays 5/11-6/8 (no clinic 5/25)

This clinic is for players who are ready to move up from Level II/III. They will start to focus on playing points by playing drill games and point play simulation feeds. Must have basic strokes.

Junior Clinics

Level IV/V (Ages 8-12)*

Friday 5:00-6:30pm NEW TIME

Cost: \$100/Fri

Dates: Fridays 5/10-6/7 (no clinic 5/24)

This clinic is for players ready to move up from Level III/IV, will emphasize the importance of developing tennis skills, movement and strategies. Drill games are used to simulate game situations.

Level V/VI (Ages 8-12)*

Sunday 10:00am-11:30pm (NEW DAY & TIME) Cost: \$100/4 weeks

Dates: Sundays 5/12-6/9 (no clinic 5/26)

This clinic is for players who are ready to move up from Level IV/V, will emphasize the importance of developing tennis skills and strategy needed to play the game, as well as learning to serve and return serve consistently. Drill games are used to simulate game situations.

Teen Beginner/Adv Beginner (MS/HS) *

Sunday 11:30am-1:00pm Saturday 1:00-2:30pm Cost: \$100/4 weeks

Dates: Sundays 5/12-6/9 (no clinic 5/26) Saturdays 5/11-6/8 (no clinic 5/25)

This is the perfect opportunity to get junior players up to speed on the fundamentals of tennis strokes and court movements, starting to play drill games and match situations...all in a comfortable environment.



Junior Clinics

Teen Intermediate (MS/HS)*

Sunday 11:30am-1:00pm Wednesday 4:30-6:00pm NEW TIME

Cost: \$100/Su, \$125/We

Dates: Sundays 5/12-6/9 (no clinic 5/29) Wednesdays 5/8-6/5

This clinic will focus on hitting massive amount of balls (feeds + ball machine), playing drill games and actual games to simulate match play conditions.

Teen Advanced/Advanced Intermediate (MS/HS) *

Sunday 1:00—2:30 pm Wednesday 4:30-6:00pm NEW TIME Cost: \$100/Su, \$125/We

Dates: Sundays 5/12-6/9 (no clinic 5/26) Wednesdays 5/8-6/5

This clinic is for the young teen advanced/ advanced intermediate player motivated to Hustle Hit while working on his/her tennis skills.

Junior Summer Camps

All Ages—All Abilities

Dates:

June 10-14 9:30-11:30am June 17-21 9:30-11:30am June 24-28 9:30-11:30am July 8-12 9:30-11:30am July 15-19 9:30-11:30am July 22-26 9:30-11:30am July 29-Aug 2 9:30-11:30am August 5-9 9:30-11:30am

Cost:

1 week \$200, 2 weeks: \$375, 3 weeks: \$550, 4 weeks \$725 5 weeks \$900, 6 weeks \$1075, 7 weeks \$1250, 8 weeks \$1425 \$100 Deposit due at Registration Register by May 1st—Save \$25

I give consent for my child,	Level I/II _Su9am _ Mo5pmSa1030am Level II/III _ Su9am _Tu430pm _Th430pm _Sa1130am Level III/IV _ Fr5pm _Sa1130am _Sa1pm Level IV/V Fr5pm _Sa1130am _Fr5pm _Sa1130am _Fr5pm _Sa1130am _Fr5pm _Sa1130am _Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1pm Level IV/V Fr5pm _Sa1130am _Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1130am Sa1130am Sa1130am Sa1pm Level IV/V Fr5pm _Sa1130am Sa1130am Sa1130am Sa1130am Sa1130am Sa1130am Sa1pm Sa1130am Sa1130	Address: Cell: Cell: Cell: Cell: Amount Due: Checks pay	I give consent for my child,	Level I/II _Su9am _ Mo5pmSa1030am Level II/III _ Su9amTu430pmTh430pmSa1130am Level III/IV _ Fr5pm _Sa1130am _Sa1pm Level IV/V FriellownSu10amSa1pm Level II/II Su1130amSa1pmTh430pmTh430pmSa1130amSa1130amSa1pmEvel IV/V FriellownWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pmWe430pm _	Address: Cell: Amount Due: (Checks pay: CLINIC/CAMP: (Please check all that apply)	I give consent for my child,, to participate in all clinic activities at the West Shore Tennis Club. I will inform WSTC of any pertinent medical conditions I agree that the West Shore Tennis Club and all WSTC staff are not responsible for any injuries suffered by my child while engaged in clinic/camp activities and voluntarily assume the risk that we may be exposed to or infected by COVID-19 while engaged in said tennis activities. Furthermore, I hereby release the aforesaid from any and all liability for such injuries or sickness. Adult/Parent Signature: WSTC 2024 Late Spring Training Registration Age: Name:	Level I/II _Su9am _ Mo5pmSa1030am Level II/IIISu9amTu430pm _Th430pmSa1130am Level III/IV _ Fr5pm _Sa1130am _Sa1pm Level IV/V Frible	Address:Cell: Amount Due: (Checks pay: CLINIC/CAMP: (Please check all that apply)	WSTC 2024 Late Spring Training Registration Age: Email:
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